Labor Management Safety Committee (LMSC) - June 1, 2010 Safety Message

June is National Safety Month

June has been proclaimed National Safety Month in the City of Saint Paul by Mayor Christopher Coleman. The Proclamation that was issued is available for viewing on the LMSC website.

This month, your LMSC would encourage you to be more mindful of safety and to be a more safety-minded individual. The whole point of safety is to create a productive and hazard free work environment. The National Safety Council has put together a monthly calendar that features daily safety tips. We encourage you to read these tips and try to incorporate them into your daily life.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Be aware of your surroundings and what is near you as you work.	While driving, check your blind spot for motorcyclists, especially at intersections.	Carry a bottle of water with you so ensure that you stay hydrated.	Wipe down work surfaces to prevent the spread of viruses.	5 Conduct an at- home fire drill and involve all family members.
Clean dryer lint traps frequently to prevent the risk of fire.	7 Offer a hand if you see a co- worker attempting to lift a heavy object.	Make sure walkways and paths are well lit to prevent falls.	Make sure you are using your personal protective equipment.	Report any safety problems with equipment to your supervisor.	11 Check garages and sheds for signs of animal or insect infestation.	Bring safety home. Discuss safety concerns with family, friends and your kids.
Talk to your children about summer safety rules and the use of sunscreen.	Make sure all occupants of your vehicle are wearing their seatbelts.	After being outdoors, check for ticks that may have become attached to your clothing to stop lyme disease.	When lifting, make sure you use your legs and keep the weight of the object close to your body.	Watch for bicyclists, especially on roads with no designated bike lane.	Take 30 minutes to relax and decompress after your work week before driving home.	When choosing a bike helmet make sure it fits snugly and does not disturb your field of vision.
20 Set ground rules for teenage drivers including curfews and your expectations.	Check the air pressure in the tires before beginning your work day.	Take 5 minutes to stretch and warm up before starting your day.	Use the correct tool or piece of equipment during to complete your tasks.	Ensure all loads and objects in your vehicle or on a trailer are secured properly.	25 Slow down and be extra observant in construction work zones.	Extinguish candles and fire pits completely to prevent fires.
Educate your children about the dangers of fireworks.	28 Keep walkways and workspaces clear of clutter and debris to prevent injuries.	Dump out any item that has standing water to prevent mosquito growth and west nile virus.	Dress appropriately for the weather conditions.			

Remember – Safety is NO Accident!

Please leave this safety message posted the entire month of June.

Information courtesy of National Safety Council