

Suicide in Law Enforcement

Date: April 14, 2010

Location: **St. Paul Police Department Headquarters**
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1200

Instructors: Sergeant Chris Nelson (Ret.) St. Paul Police

POST: 4

Cost: \$100.00

In our complex society, law enforcement officers are at a much greater risk for suicide than individuals in other professions. You will learn about suicide rates and issues for the public in general and for persons employed in law enforcement. The experienced instructor will relate the circumstances that have been identified as causing thoughts of suicide within the general population compared with the unique stresses and circumstances facing those in law enforcement. You will learn how to identify the danger signs of a potentially suicidal individual, as well as practical methods that can be used to begin interventions with that person. Time will be spent discussing the wide array of supportive services that are available to members of the Law enforcement community.

In addition, important methods of self care will be discussed, while dispelling some common myths about suicide and suicide intervention.

To register, go to the website: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us