

FOOD: TOO GOOD TO WASTE

Take the Challenge July 18 - August 28



Prevent food waste at home by joining this 6-week challenge. Participants will receive a kit to weigh their food waste weekly and can win prizes for participation.

How does the online challenge work?

One week before the challenge starts:

Pick-up a Challenge Action Kit: food waste collection bucket, liners, and a scale.

During the first week:

Attend a welcome webinar. Begin collecting and weighing preventable food waste.

Over the next five weeks:

Receive tips and strategies to try at home to reduce food waste.

Each Week:

Track your food waste and complete a short survey.

Each week, seven participants will receive prizes to keep up with the challenge.

This six-week program will help you:



Pinpoint why good food might be going to waste in your home.



Make small shifts in purchasing, prep, and storage to get the most out of your food.



Save money and reduce waste by using the food you have.

Why you should participate:

Buying food, then throwing it out wastes money and resources. By making small shifts in how you shop for, prepare, and store food, you can save time and money, and keep the valuable resources used to produce and distribute food from going to waste. Join hundreds of Saint Paul households in preventing food waste in our community!

How to Sign Up:



Ready to waste less and save more? Sign up for the Eat, Plan, Save food waste challenge by visiting:

www.stpaul.gov/foodwaste