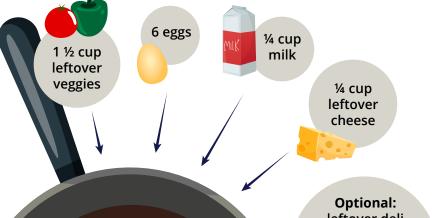
FRITATA



DIRECTIONS

Preheat oven to 400° F. In large oven safe skillet, add chopped leftover veggies and optional ingredients. In a small bowl beat eggs and milk together then pour over the veggie/meat mix. Bake for 15-20 minutes until eggs are set. leftover deli meat, fried rice, or any other leftover ingredients you love and need to use up!



Source: Lydia Campbell, Recycling Program Specialist, Saint Paul Public Works