

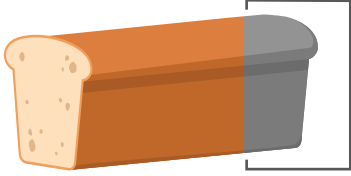
BADBAADI ROOTIDA



Maraykanka waxa la iibsadaa ku dhawaad

3 MILYAN OO QURUS

Oo rooti ah sannad kasta.



25%

Haraa ah ayaa lagu ridaa qashinka

(taas oo ah **750 MILYAN** qurus!)

HA TUURIN HADHAAYADA!



Isticmaal hadhaaga rootida beergar ahaan, ka dhig jiis la dubay, ama ku rid weelka sonkorta ama buskudka si ay u jilciso.

SIDA LOO KAYDIYO ROOTI

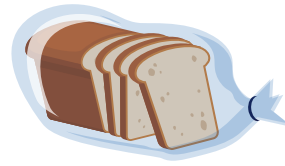
Rooti cusub oo la dubay:

Ku duub maro ama tuwaal ka dibna ku rid bac warqad ah. Ku keydi miiska cuntada ama sanduuqa rootiga muddo dhan 2-3 maalmood.

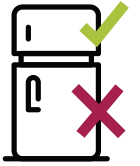


Rooti horay loo jarjaray:

Ku keydi bac balaastik ah 5-7 maalmood miiska dushiisa ama sanduuqa rootiga.



Rootida si dhaqso leh ayey u dhacdaa marka lagu keydiyo qaboojiyaha. Haddii aadan isticmaali karin rootigaaga waqtiga, ku qabooji bac balaastik ah oo hawada ku dhegantahay illaa lix bilood!



SOO CELI ROOTIDA

CUSBOONAYSII IYADA

Si loo soo nooleeyo rootiga hore, microwave toban ilbidhiqsi ama geli rootiga meesha ugu hooseysa.



KU XAFID KHUDAARTA DARAY

Gabal yar oo rooti hore ku jira khaanadda khafiifka ah ayaa ka caawisa inay nuugaan qoyaanka iyo inay kudaartu noqoto mid cusub. Beddel maalin ama laba kasta.



DAWEE EYGAAGA

Samee fido samee xoogaa cunto fudud ah! Isku qas 1/2 koob oo rootiga duugga oo leh 2 koob oo daqiiq sarreen ah, 2/3 koob oo biyo ah, iyo 6 tbsp. saliid. Duub cajiinka oo jarjar qaababka cookie cut ama koob. Ku dub xaashida cookie-ka 350° ilaa 35-40 daqiiqo. Ka hubi dhakhtarkaaga xoolaha si aad u ogaato midhaha xayawaanka u roon.



QABOOJI

Ku keydi rooti cusub ama duugoobay qaboojiyaha oo qaado kaliya waxaad u baahan tahay.

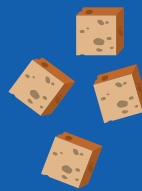


ADKEE MARAQA

Kudar gobol rooti duugoowday maraqyada ka dib isku dar si aad u adkayso oo aad ku darto qaab.

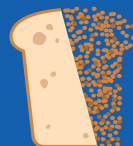
KA DHIG MID DUBAN

Rooti duugoobay u jarjar xabadaha, ku shub saliid saytuun ah iyo geedo yaryar iyo xawaash. Ku faafi xabadaha weelka dubista kuna dub foornada illaa binni dahab ah. Ku keydi weel hawadu ku dhegantay oo ku jira qaboojiyaha illaa afar toddobaad.



KA DHIG ROOTI FURFUR AH

Ku qalaji gabalka rootiga foornada meesha ugu hooseysa, ka dibna shiid rootida furfuran. Ka dub meesha ugu hooseysa hal saac. Ku keydi jajabyada la qaboojiyey weel hawadu ka buuxdo illaa 6 bilood.



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