

Tracking and Weighing Food Waste



FOOD
TOO GOOD TO WASTE

In your action item kit, you should have the following items:

- hook scale
- batteries
- collection bucket
- compostable liners



1

Weigh Collection Bucket before Using

- Turn the scale on and wait for it to display "0".
- Hang the bucket on the hook using the handle. Read and record the displayed weight onto your Food Scraps Tracking Sheet.



2

Place Compostable Liner in Bucket

Place a compostable liner (provided) into your bucket, making sure that you push the liner down as close to the bottom of the bucket as possible.



3

Place Bucket in a Visible Area

If you are concerned about odors, store bucket in the refrigerator or freezer.



4

Put Food Scraps in the Bucket

All food scraps go in the bucket, including leftovers, take-out, spoiled produce, eggshells, meat, or anything else you would eat.



5

Weigh Food Scraps Weekly or Whenever it is Full

Record this weight on your Food Scraps Tracking Sheet. Be sure to subtract the weight of the bucket.



6

Reports Weights in Weekly Surveys

Use the back of this sheet to track your weekly weigh-ins. At the end of the week enter total weight collected in the Weekly Survey on the website.

Empty Bucket Weight: _____



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Food Scraps Tracking Sheet

WEEK 1: July 10-16

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: What food goes to waste and why?

WEEK 2: July 17-23

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: Food waste prevention tips used

WEEK 3: July 24-30

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: Food waste prevention tips used

WEEK 4: July 31-August 6

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: Food waste prevention tips used

WEEK 5: August 7-13

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: Food waste prevention tips used

WEEK 6: August 14-20

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: Food waste prevention tips used

WEEK 7: August 21-27

_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)
_____ (Total Weight) - Bucket Weight = _____ (Food Waste Weight)

NOTES: Food waste prevention tips used