

BACON GREASE BIRD SUET



2 cups bird
seed, rolled
oats, or
cornmeal



1 cup leftover
grease from
roasts, bacon,
and more

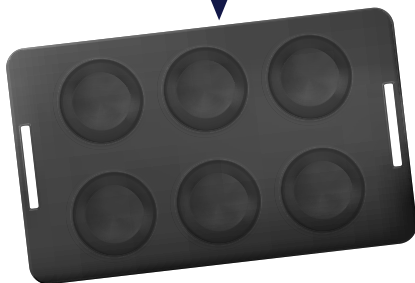


Optional:
nuts, dried
fruit, $\frac{1}{4}$ cup
peanut
butter

DIRECTIONS

Save leftover grease in a microwave safe container until ready to use. Microwave grease for 30 seconds, stir to break up any clumps. In a large bowl combine all ingredients and mix well.

Place mixed ingredients in a muffin tin and refrigerate until solid. Place out for the birds to enjoy a leftover treat!



SAINT PAUL
PUBLIC WORKS

Source: Susan Young, Saint Paul Public Works

Plan, Eat, Save: Food too Good to Waste

The average household of four could save \$1,500 per year by reducing their food waste.

Follow these tips to help save the food!



Smart Shopping: Shop your fridge and cupboards before heading to the grocery store. Then, plan meals that use leftovers and food you already have.



Smart Storage: The way you store food impacts how long it lasts, especially produce. Learn the best way to store foods by visiting our website.



Smart Prep: Prepare perishable foods as soon as possible after shopping, you'll make it easier to serve snacks and meals later in the week. Visit our website to see a video on food prep tips from Saint Paul College expert chefs.



Smart Saving: Be mindful of leftovers and old ingredients that need to be used up. Label food "Eat First" or create a "leftover shelf" when it is close to expiring as a reminder!



Smart Disposal: What about all that food that isn't edible? Don't trash it—compost it! Whether in your backyard or at a free drop-off site, composting food scraps is a great way to help reduce waste.

For tools and resources, visit stpaul.gov/foodwaste