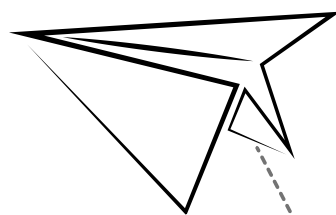


## DADA Method Activity Structure

*Having process structure creates a routine that allows participants to know what to expect and what is expected of them, fosters growth mindset, and embeds quality components into all your activities!*



### **D**escribe

Explain what the ACTIVITY is and what SKILLS youth will experience. Break down into TASKS or STEPS.

### **A**<sup>sk</sup>

Ask questions to find out what thoughts, ideas, knowledge, or questions they have.

### **D**<sup>o</sup>

While participants "DO" the activity, staff should

- Walk around & ask open ended questions
- Provide subjective feedback... what you notice without judgement
- Let youth "do"... do not take over
- Provide support for struggling youth

### **A**<sup>dapt</sup>

Ask questions that

- Provide feedback for changes... for you or young people.
- Model growth mindset
- Connect activity to learning and experience



# DADA Planning Sheet

Activity:

Scheduled Activity Date:

**D**escribe

ACTIVITY description:

SKILLS youth will learn or practice:

TASKS or STEPS:

**A**<sup>sk</sup> QUESTIONS to find out what thoughts, ideas, knowledge, or questions they have.

- 1.
- 2.
- 3.

**D**<sup>o</sup> What you can do while participants are engaged in the activity.

**A**<sup>dapt</sup> QUESTIONS to reflect on experience

- 1.
- 2.
- 3.

