Summary of Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.healthpartners.com or by calling 1-800-883-2177.

| Important Questions | Answers | Why this Matters: |
|---|--|---|
| What is the overall <u>deductible</u> ? | In-network: \$0 Out-of-network: \$300 Individual, \$900 Family Services marked with * in Common Medical Events are not subject to deductible | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers. |
| Is there an <u>out–of–</u> <u>pocket limit</u> on my expenses? | Yes. In-network: \$3,000 Individual, \$5,000 Family Out-of-network: \$4,000 Individual, \$6,000 Family | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. |
| What is not included in the <u>out-of-pocket</u> <u>limit</u> ? | Premium, balance-billed charges (unless balanced billing is prohibited), and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Is there an overall annual limit on what the plan pays? | No. | The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits. |
| Does this plan use a <u>network</u> of <u>providers</u> ? | Yes. For a list of in-network providers , see www.healthpartners.com/netwo rks or call 1-800-883-2177. | If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers . |
| Do I need a referral to see a <u>specialist</u> ? | No. You don't need a referral to see a specialist. | You can see the <u>specialist</u> you choose without permission from this plan. |
| Are there services this plan doesn't cover? | Yes. | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> . |

Questions: Call 1-800-883-2177 or visit us at www.healthpartners.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary **1 of 8** at www.cciio.cms.gov or call **1-800-883-2177** to request a copy. 11600-HA533-20170101-20160913130931

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
 - <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
 - The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
 - This plan may encourage you to use in-network **providers** by charging you lower **<u>deductibles</u>**, **<u>co-payments</u>** and <u>**co-insurance**</u> amounts.

| Common | Services You May Need | Your cost if you use a | | |
|---|--|---|---|--------------------------|
| Medical Event | | In-Network Provider | Out-Of-Network Provider | Limitations & Exceptions |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | Office Visit: \$35 copay for Level 1/\$50 copay for Level 2 Convenience Care: \$15 copay virtuwell: No charge for the first three visits and \$15 copay thereafter | Office Visit: 35% coinsurance Convenience Care: 35% coinsurance virtuwell: Not covered | none |
| | Specialist visit | \$35 copay for Level 1/\$50 copay for Level 2 | 35% coinsurance | none |
| | Other practitioner office visit | Acupuncture: \$35 copay for Level 1/\$50 copay for Level 2 Chiropractic: \$50 copay | Acupuncture: Not covered Chiropractic: 35% coinsurance | none |

Summary of Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2017 - 12/31/2017

| | Services You May Need | Your cost if you use a | | In coverage levels Han Type. ITO |
|---|--|---|--|---|
| Common Medical Event | | In-Network Provider | Out-Of-Network Provider | Limitations & Exceptions |
| | Preventive care/screening/immunization | No charge | 35% coinsurance for immunizations, well child not covered, preventive care not covered, 35% coinsurance for other services | none |
| If you have a test | Diagnostic test (x-ray, blood work) | No charge | 35% coinsurance | none |
| II you have a test | Imaging (CT/PET scans, MRIs) | 20% coinsurance | 35% coinsurance | none |
| If you need drugs to treat your illness or condition | Generic drugs | \$10 copay at retail, \$20 copay at mail | | |
| More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www</u> | Formulary brand drugs | \$20 copay at retail, \$40 copay at mail | 35% coinsurance at retail, mail not covered | 30 Day supply retail/90 day supply mail order |
| .healthpartners.com /public/pharmacy/f ormularies/formular y/preferredrx/index. html. | Non-formulary brand drugs | Not covered | | |
| | Specialty drugs | 20% coinsurance | 35% coinsurance at retail, mail not covered | \$200 maximum copay per prescription per month. |
| If you have | Facility fee (e.g., ambulatory surgery center) | No charge | 35% coinsurance | none |
| outpatient surgery | Physician/surgeon fees | No charge | 35% coinsurance | none |
| If you need | Emergency room services | \$55 copay | \$55 copay* | none |
| immediate medical | Emergency medical transportation | 20% coinsurance | 20% coinsurance* | none |

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Coverage Period: 01/01/2017 - 12/31/2017

| Common | | Your cost if you use a | | |
|---|--|---|----------------------------|---|
| Medical Event | Services You May Need | In-Network Provider | Out-Of-Network Provider | Limitations & Exceptions |
| attention | Urgent care | \$50 copay | \$50 copay | none |
| If you have a | Facility fee (e.g., hospital room) | No charge | 35% coinsurance | none |
| hospital stay | Physician/surgeon fee | No charge | 35% coinsurance | none |
| If you have mental | Mental/Behavioral health outpatient services | \$35 copay | 35% coinsurance | none |
| health, behavioral | Mental/Behavioral health inpatient services | No charge | 35% coinsurance | none |
| health, or substance | Substance use disorder outpatient services | \$35 copay | 35% coinsurance | none |
| abuse needs | Substance use disorder inpatient services | No charge | 35% coinsurance | none |
| If you are pregnant | Prenatal and postnatal care | No charge | 35% coinsurance | none |
| If you are pregnant | Delivery and all inpatient services | No charge | 35% coinsurance | none |
| If you need help recovering or have other special health needs | Home health care | Therapies: \$50 copay IV: No charge | 35% coinsurance | 120 visit limit |
| | Rehabilitation services | \$35 copay for Level 1/\$50 copay for Level 2 | 35% coinsurance | none |
| | Habilitation services | \$35 copay for Level 1/\$50 copay for Level 2 | Not covered | none |
| | Skilled nursing care | No charge | 35% coinsurance | 120 Days per confinement |
| | Durable medical equipment | 20% coinsurance | 35% coinsurance | Limited to one wig per year for Alopecia Areata. |
| | Hospice service | No charge | Not covered | none |
| If your child needs dental or eye care | Eye exam | No charge | Not covered | none |
| | Glasses | Not covered | Not covered | none |
| | Dental check-up | No charge | Not covered | none |

Summary of Coverage: What this Plan Covers & What it Costs Excluded Services & Other Covered Services:

| Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.) | | | | | |
|---|---|----------------------------|--|--|--|
| Cosmetic surgery | Long-term care | Routine foot care | | | |
| • Dental care (Adult) | • Non-emergency care when traveling outside | Weight loss programs | | | |
| Hearing aids | the U.S. | | | | |
| - | Private-duty nursing | | | | |
| Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.) | | | | | |
| • Acupuncture | Chiropractic care | • Routine eye care (Adult) | | | |
| Bariatric surgery | • Infertility treatment | | | | |

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while coverage under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-883-2177. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. You can contact your issuer's member assistance resources at 1-800-883-2177. For questions about your rights, this notice, or assistance, you can contact your state insurance department at the following: MN Dept of Health at 651-201-5100 / 1-800-657-3916 or the MN Dept of Commerce at 651-539-1600 / 1-800-657-3602.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

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The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-398-9119. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-883-2177. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-883-2177. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-883-2177.

Coverage Period: 01/01/2017 - 12/31/2017

Coverage Examples

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different. Cost sharing or "Patient pays" amounts are based on selfonly coverage. ■ Amount owed to providers: \$7,540

Having a baby

(normal delivery)

- Plan pays \$7,280
- Patient pays \$260

Sample care costs:

| Sample Care Costs. | |
|----------------------------|---------|
| Hospital charges (mother) | \$2,700 |
| Routine obstetric care | \$2,100 |
| Hospital charges (baby) | \$900 |
| Anesthesia | \$900 |
| Laboratory tests | \$500 |
| Prescriptions | \$200 |
| Radiology | \$200 |
| Vaccines, other preventive | \$40 |
| Total | \$7,540 |
| Patient pays: | |
| Deductibles | \$0 |
| Copays | \$20 |
| Coinsurance | \$40 |
| Limits or exclusions | \$200 |
| Total | \$260 |

Coverage Period: 01/01/2017 - 12/31/2017

Coverage for: All Coverage Levels | Plan Type: PPO

Managing type 2 diabetes (routine maintenance of

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

■ Plan pays \$4,010

■ **Patient pays** \$1,390

Sample care costs:

| Prescriptions | \$2,900 |
|--------------------------------|---------|
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures | \$700 |
| Education | \$300 |
| Laboratory tests | \$100 |
| Vaccines, other preventive | \$100 |
| Total | \$5,400 |

Patient pays:

| 1 J | |
|----------------------|-------------|
| Deductibles | \$ 0 |
| Copays | \$1,010 |
| Coinsurance | \$300 |
| Limits or exclusions | \$80 |
| Total | \$1,390 |
| | |

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ <u>No</u>. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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