

What cultural activities interest you ?

Koj nyiam ua khoom yam dab tsi?

November 16, 2016

painting
Farsamada Rinjiyeyta
Kos xim / Kos dua



craft making
Farsamada Qaadashada
Ua khoom yam siv



sewing
Farsamada Tolidda
Xaws khoom



cooking
Farsamada Karinta
Ua zaub mov



other
Iyo Quaar Badan
Lwb yam khoom

Meeting Space for ~~25~~ 100 with sink (Pot Luck and Bingo)



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Saint Paul Parks and Recreation



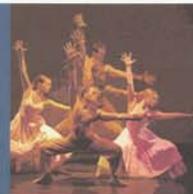
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performance - drama & dance

Bandhig- Riwaadaha -Qoob Ciyaar
Kev ua yeeb yam & seev cev



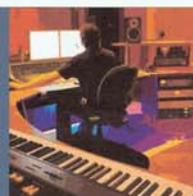
movies - showings

Daawashada Fillimada
Saib yeeb yam



music - practice & recording

Music - Tababar iyo Duubis
Xyaum thiab kaw nkauj



digital photography, video & film
making & editing

Sawirka Digital -Samayta Filimitda iyo
Tafatirka
Kev yees duab



other

Iyo Quaar Badan
Lwb yam khoom

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What entertainment activities interest you ?

Koj nyiam ua khoom yam dab tsi?

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games - card & board
Ciyaarta Kaarta
Ua si nrog phaib & khoom uasi



Bingo
~~activities~~ for seniors

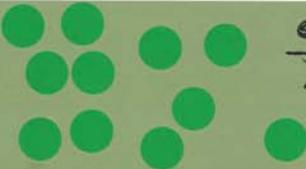
games - video
Video Ciyaarta
Tua game



festivals & dances
Xaflad iyo Qoob
Koob tsheej & seev cev



family parties
Xisbiyada Qoyska
Tsev neeg koom txoos



~~Seniors~~ Christmas Party Neighborhood 65 people

other
Iyo Quaar Badan
Lwb yam khoom

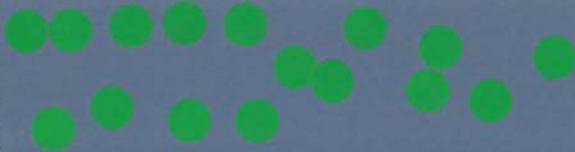
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What indoor sports interest you ?

Koj nyiam ua dab tsi hauv chav ua si?

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basketball
Ciyarta Kaarta



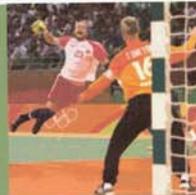
volleyball
Video Ciyarta
Ntaus npas



soccer
Xatliad iyo Qoob
ncaws pob



handball
Xisbiyada
Qoyska



sepak takraw
kato
Kab taub



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What indoor sports interest you ?

Koj nyiam ua dab tsi hauv chav ua si?

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floor hockey
Ciyaarta hokeyga



flag football
American Kubada
Calanka



badminton
Ciyaarta
Badminton



martial arts
Ciyaarta Legdinta
Kawm tes law



other
Iyo Quaar Badan
Lwb yam khoom

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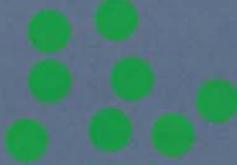


What outdoor sports & activities interest you ?

Koj nyiam ua dab tsi nraum zoov?

November 16, 2016

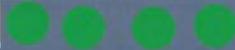
football
Ciyaarta Kubada
Mareykanka



hockey
Ciyaarta Hockey
Jiilaalka



soccer
Carruurta Ciyaarta
Kubada Cagta
Ncaws pob



baseball
Ciyaarta Baseball
ka



tennis
Ciyaarta
Tenniska
Ntaus pob tennis



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November 16, 2016

What indoor sports interest you ?

Koj nyiam ua dab tsi hauv chav ua si?

ping pong
Ciyarta Ping-Pong



aerobic/ yoga
Ciyarta Laylinta - Yoga



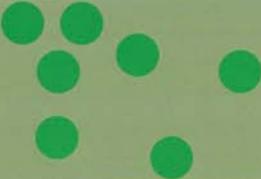
chair yoga for seniors



walking/running
Socdaka Iyo Orodka
Taug kev / Khiav



fitness
Xurinta Jidh Dhiska
Dhia ua si kom muaj zog



other
Iyo Quaar Badan
Lwb yam khoom

kato



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What time of the day you would like to use the center? Koj xas siv lub tsev rau sijhawm thaum twb? November 16, 2016

Write down the activity. Sau cov khoom koj xav ua los yog cov khoom koj nyiam ua.

early morning
6-9 am
Aroortii Hore 6-9
Sawv ntxov

fitness



morning
9 am -12 pm
Subax hore 9-12
Sawv ntxov

fitness

chair yoga
exercise classes - zumba, yoga



mid-day
12-3 pm
Bartamiha malinta 12-3
Yav tas su

cooking class



afternoon
2-6 pm
Galabii 2-6
Yav tas su



evening
6-9 pm
Fiidkaa 6-9
Yav tsaus ntu

fitness/family time
Tennis / basketball / Karo



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volleyball

Ciyaarta Laliska
Ntaus npas



kids playground

Xaruunta Caruurta
dhulka ciyaaro
Memyuam qhov
chawm ua si



tuj lub



horseshoes



other
Iyo Quaar Badan
Lwb yam khoom

covered basketball court, soccer

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