



Motivational Interviewing Worksheet

Intern Name: _____

Date: _____

Company: _____

1. Build Rapport with student:

Have you established rapport with the student already? YES NO*

2. Obtain Permission from student:

Have you obtained permission from student to discuss their performance? YES NO

3. Seek to Understand student's behavior/challenge/issue:

Selected Interview Questions

a. "Insert Question here"

b. "Insert Question here"

c. "Insert Question here"

d. "Insert Question here"

4. Initiate Change Talk:

Selected Interview Questions

a. "Insert Question here"

b. "Insert Question here"



c. "Insert Question here"

d. "Insert Question here"

5. **Critical/Reflective Listening:**

Be sure to paraphrase the student's perspectives and ensure that you understand what they have shared with you.

6. **Feedback & Affirmations:**

Recommended Comments

- a. Assure the student that if they take the recommended actions, they will see improvements.
- b. Thank the student for their time and honesty, and for allowing you to be a part of their development.

Staff Interviewer: _____