The following are the disc golf rules for recreational play. The rules are simple and are easy to learn and are meant to give the basic framework for playing the game:

• Disc golf is played like traditional “ball” golf, but with disc golf discs instead of balls and clubs.
• One point (stroke) is counted each time the disc is thrown and when a penalty is incurred.
• The goal is to play each hole in the fewest strokes possible.
• The player with the lowest total strokes for the entire course wins.

SAFETY FIRST
Never throw when players or park users are within range.
Always give park users the right of way.
Be aware of your surroundings and environment.

NOTE: For slope stabilization, Park users are encouraged to remain clear of the ravine’s critical vegetation and stream channel areas.

OUT OF BOUNDS
If any area of O.B. is visible between the disc and O.B. line, then the disc is considered O.B. A throw that lands out of bounds, must be played from a point 3 feet in bounds from where the disc went out of bounds. Permanent pedestrian paths/walkways and public roads and parking lots are always out of bounds.

PENALTIES
During recreational play, players will not be penalized for rule infractions. Other players will keep you honest.

COURSE COURTESY
• Remain quiet and avoid unnecessary movements while others are throwing.
• Stand behind the player who is throwing until throw is complete.
• Remove disc from disc basket after completing the hole.
• Help new players learn the rules.
• Allow faster groups to play through when possible.
• Pick up trash and put in proper receptacles.
• Do not alter the course (trees, bushes, etc.) in any way.
• Remain off the ravine’s critical vegetation.

In conjunction with these Rules and Regulations, all persons must also follow existing City ordinances and state and federal laws. Please see “Saint Paul Parks and Recreation Rules and Regulations” www.stpaul.gov/parkrules